



Zero to Trading in 21 Days

Day 10: Introduction to Volatility



Learn:

Test your knowledge and understanding of the concepts presented in the video.



Review:

Summarize the main points and concepts from the video.



Apply:

Demonstrate how you will apply the concepts from the video into your own trading.



- **What is volatility?**
- **What are the three different types of volatility?**



- **How would you summarize the impact of volatility on option premiums?**
- **How would you explain the difference between historic and implied volatility?**



- Using the trading platform, what is the current historic volatility for SPY?
- Using the trading platform, what is the current implied volatility for SPY?
- Using the trading platform, what is the current historic volatility for IWM?
- Using the trading platform, what is the current implied volatility for IWM?