



Zero to Trading in 21 Days

Day 20: Risk Management



Learn:

Test your knowledge and understanding of the concepts presented in the video.



Review:

Summarize the main points and concepts from the video.



Apply:

Demonstrate how you will apply the concepts from the video into your own trading.



- **What is account risk?**
- **What is trade risk?**
- **What is portfolio heat?**



- **Explain why risk management is important to your trading.**
- **Summarize the role of position sizing in your risk management.**
- **Explain the difference between account risk and trade risk.**



- **Write out your rules for account risk, trade risk, and portfolio heat.**
- **On the trading platform, place three trades, of any strategy, utilizing your rules for position sizing, account risk, trade risk, and portfolio heat.**